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*Advanced Dental Care with Focus on Prevention*  
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## DENTAL HEALTH INFORMATION FOR PATIENTS

### BLEEDING GUMS

#### Introduction

Bleeding gums are inflamed or irritated pink tissue around the mouth that bleeds easily. Gum bleeding is a common oral health problem. If your gums bleed while brushing or flossing, you can ignore it thinking it's normal, but bleeding gums can sometimes indicate an underlying problem. Occasional bleeding from the gums can be caused by brushing your teeth too hard or wearing dentures that don't fit well.



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